

HomeBase Treatment

Master Plan

HOMEBASE TREATMENT-TEXAS, INC.
SMITH COUNTY
TYLER, TX

HOMEBASE TREATMENT, INC.
STANISLAUS COUNTY
CROWS LANDING, CALIFORNIA

Prepared by:

HOMEBASE TREATMENT





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Executive Summary

Problem

There are nearly 3,000,000 war veterans in the U.S. suffering from Post-Traumatic Stress Disorder. Approximately eighty percent of these veterans are self-medicating with alcohol and/or drugs to mitigate the symptoms of this debilitating condition. The combination of mental health issues and substance abuse destroys their ability to work or integrate into society. The Veterans Administration provides non-integrated, symptomatic treatment, but the average wait time to receive treatment is 24 months. Consequently, those in need are faced with a no- hope situation which breeds deepening depression and elevated rates of suicide. The VA’s own statistics indicate that from this group alone there are 18 - 22 suicides per day – over 7000 per year.

Solution

HomeBase Treatment-Texas, Inc. (HBT) will provide unique, comprehensive and holistic treatment for the “dual-diagnosis” conditions of PTSD/co-occurring disorders, and substance abuse. Our plan is to open in February of 2021 with fully functioning administrative offices, key staff, including a Human Resources director who will immediately begin hiring the staff required to house, treat and rehabilitate individuals damaged by PTSD and substance abuse. With the completion of our seventy-13,000 square foot residential buildings, HBT will offer a park-like campus feel with well-spaced homes by the end of December 2021 in Texas and 2024 in California.

Our organization, through several specialized treatment programs for Military Service Members, has been providing free immediate treatment for this group since 2002. At least one third of those assessed required a higher level of care. It is imperative for their recovery that they receive treatment in a residential setting from two to six months, or longer, where they receive nurturing, holistic care that includes therapy for PTSD/co-occurring disorders, and substance abuse treatment and counseling. Additionally, successful models have shown that other activities and alternative therapies prove essential in the rehabilitation process.

Successful programs include:

- ⌚ massage therapy
- ⌚ recreational activities
- ⌚ spiritual development
- ⌚ vocational training
- ⌚ general and specific academic education
- ⌚ goal setting

For the successful treatment of the dual-diagnosed, there are requirements for psychiatric care with associated prescriptions if necessary, behavioral health therapists, as well as the substance abuse professionals all operating together to provide an integrated treatment program delivered by a compassionate staff. Our 5-month program includes 60 days of integrated mental health and substance use/abuse treatment in a Residential setting. This includes individual, group, and family counseling and therapy. Upon completion, the clients begin a 90-day, on campus trade school during the day to give them the skills to earn and keep a job, while continuing with evening outpatient services. In their last month, our career specialists secure a job back home for them where their families live, then they line up a sponsor and a Church for complete support.



Executive Summary Contd.

Description of Facilities

We are in the process of acquiring large enough properties, with the necessary water resources and available infrastructure, to accommodate 7,000 bed facilities. Each facility is its own separate C Corporation, with its own investors. In order to accomplish these acquisitions, we have [Form D] registered with the Securities and Exchange Commission (SEC) to sell stock.

The 804-acre property situated in Crows Landing, California, as well as three identified properties in Tyler, Texas, satisfy these requirements. The Tyler Texas properties, nestled in the rolling hills at the base of the Diablo Grande mountain range, offer a naturally beautiful, peaceful setting for healing and rehabilitation. There is adequate space to build seventy 13,000 square foot, 96-bed residential villas.

Each “villa” will have its own gardens, space for animals, recreation areas, and serene expanses to promote calm and rest. Our housing will include gender-specific, co-ed, and transitional family residences. The residential buildings will be spaced so as to offer a park-like campus, insuring that our clients do not feel cramped or “institutionalized.”

Consolidating all of the villas on the same large property creates numerous economy-of-scale benefits, such as ease of delivery of food and supplies, space for a pharmacy and store, synergistic delivery of social services, and trade school and medical services. As on military bases, there will be enough people to establish intramural sports, and plenty of land to create playing fields to accommodate these activities.

Each “campus” will have an administration building that will house our medical staff/Urgent care, a 1000-seat church designed to provide spiritual support, four separate trade school buildings, two guard houses, police and fire substations, a security team office, and football, soccer, softball, tennis, indoor and outdoor basketball and volleyball facilities. In order to promote deeper and more rapid healing, we are also building an equestrian center for equine therapy, an outdoor amphitheater for the drama club, and a stocked fishing pond.

In order to efficiently and effectively deliver these services, each facility will require staff of approximately forty nine hundred and eighty employees.

We estimate it will take three to five years to completely construct and staff each facility.

With respect to the Tyler Texas campus, San Jose and Dallas International Airports will deliver clients from all over the country.

This is a self-funding operation that has been designed to serve society for the next century. The residential services provided at each facility will bring about the healing, rehabilitation, education and retraining necessary to graduate our suffering veterans and return them to life. Once our veterans graduate, we will provide both outpatient and online support to assist them to securely and effectively reintegrate from the “bubble” of residential treatment back into their families and their communities.

Our comprehensive program will facilitate a much higher success rate and thus serve to reinvigorate our honored Military Service Members who have given their lives and strength to secure our freedom.



Executive Summary Contd.

Phase One

The first 60 days of the program are spent in residential treatment designed to get the clients sober and free from the effects of alcohol and/or drugs, to return them to a rational mental state, and to teach them the tools they need to maintain both their sobriety and their rationality indefinitely. The primary treatment modality will be Cognitive Behavior Therapy (CBT), but we will integrate other models, or portions thereof, as appropriate. During this Phase, clients will be treated concurrently for PTSD and other co-occurring mental disorders. Treatment begins at 9:00am and goes until 9:00pm, 7 days per week, with shorter hours on Sunday.

Phase Two

After they graduate, the client will step up into our transitional living phase. In this Phase Two, they will be in outpatient substance abuse treatment and mental Health therapy in the evenings (Monday through Saturday from 6:00pm to 9:00pm) and vocational training in our on-campus Trade School during the days (Monday through Friday 9:00 am to 4:30pm). Saturday days will be reserved for individual therapy and recreation, and intramural sports (team building and competitions). Church services would be available Saturday evening and Sunday morning.

Upon arrival

Upon arrival, and in order to establish proper placement, the client will receive assessments for mental health, substance abuse, and associated behaviors. If they need a higher or different level of care, they will be referred out. Each client will then receive a new set of clothes (if necessary), and will receive a full History and Physical, including detox medications where appropriate. Referrals for medical and dental work will be made at that time. Those needing additional Psychiatric care/prescriptions will have appointments set within 24 hours. If the client needs insurance or disability papers filed, we will assist them at that time. Within 72 hours of his/her arrival, each client will have a comprehensive treatment plan, which will include trackable progress towards attaining complete abstinence, educational goals, acquiring a new career, and permanent housing. Once this treatment plan is finalized, and given the client’s individual issues, he/she will be placed in the appropriate “home” for their 5-month program.

Family Considerations

Most of our clients will have “permanently” destroyed their family and friend relationships. As they’ve tried to deal with the fear and guilt associated with PTSD and depression, many have isolated themselves, and lashed out when approached. Most will have coped by using alcohol/drugs, which makes them very unpredictable, irrational, and often [seemingly] dangerous. The families pull away. It will be necessary to bridge this gap with hope. Most families want their old spouse or child back. With the client's permission, we will communicate with the family to let them know what our program is about and what to expect. When appropriate, we will use online tele-conferencing to bring them into the therapy sessions so that they are part of treatment. We even have entire facilities just for family use, for visits or even to stay the entire 5 months. Often, family members are damaged as much, if not more, than the client. By involving them in the client’s recovery and rehabilitation, they not only help the client, but they help themselves. They become part of the solution.





Executive Summary Contd.

Completion

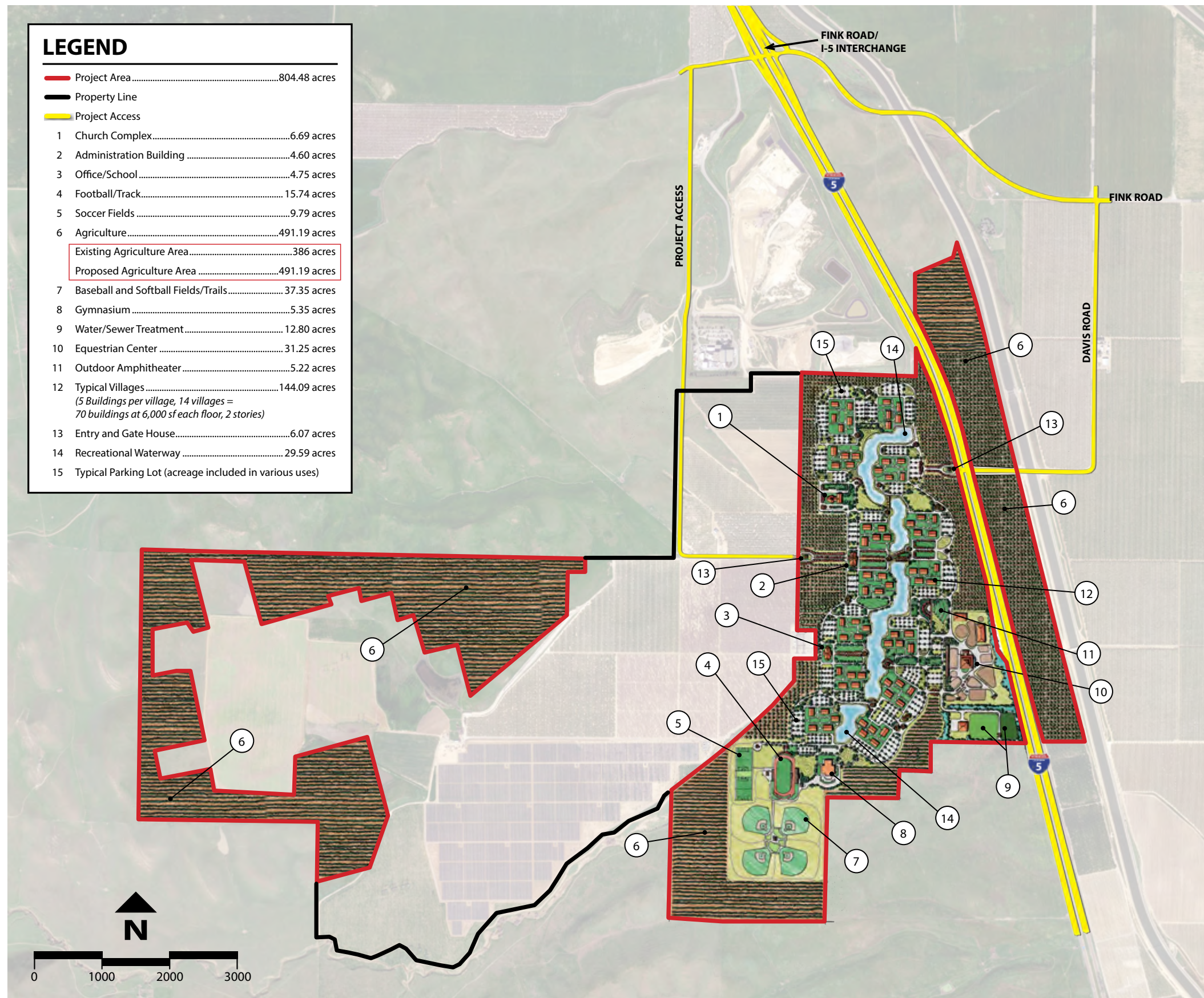
Upon graduation, we send the client home to re-unite with their family, meet their local sponsor and their local clergy, and start their new job and life as a productive member of society. They will stay connected to our facility through our online treatment and chat rooms that provide counseling, family coaching, and support.

Trade School

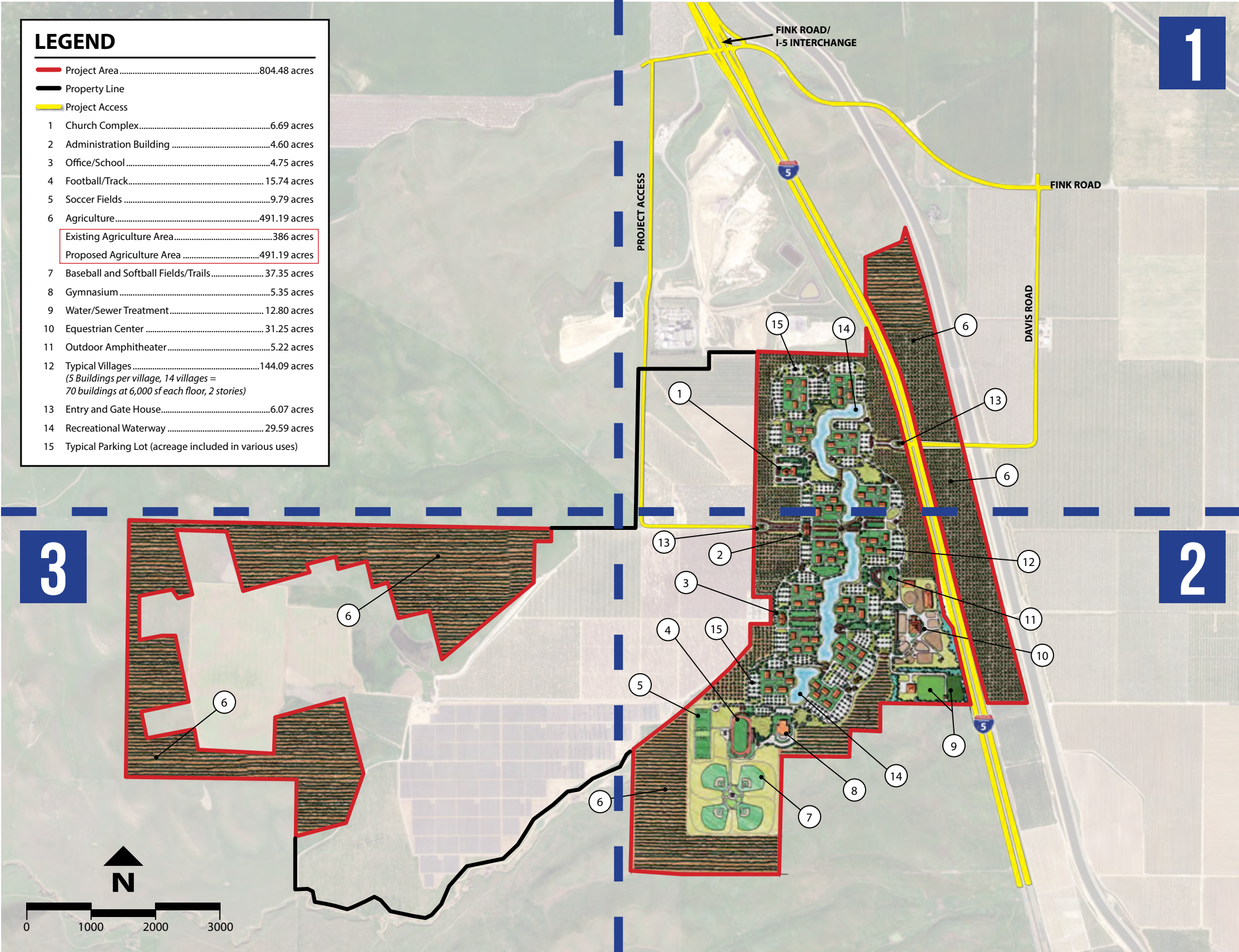
In both California and Texas, the trade school model offers the top 25 fastest growing (and easiest to be hired) trades in the Country.

In California, the primary focus of our vocational training will be in Agriculture. This will include administration/office work, hands-on mechanical use and repair, irrigation and water conservation, and construction. We will expose the client to the entire spectrum of Agronomy, including biology, chemistry, economics, ecology, earth science, and genetics. They will work with crops year round, and with the entire lifecycle of livestock. In order to provide this training, we are partnering with three local colleges.

In Texas, our 25-class curriculum will span the spectrum from cyber security to diesel mechanics, sales training, office work, and careers in restaurant operations, hospitality and food service. In 90 days, the clients can be trained via classroom and hands-on experience to succeed in semi-skilled positions that pay enough to sustain them as they begin a new way of life. Four weeks prior to graduation, they will move into our Case Management system for job placement, and permanent housing. We will help them write resumes, and assist them in arranging online interviews. We will work with our staff, in conjunction with WorkForce and other community services across the country to secure for each client a paying job back home, before they graduate.

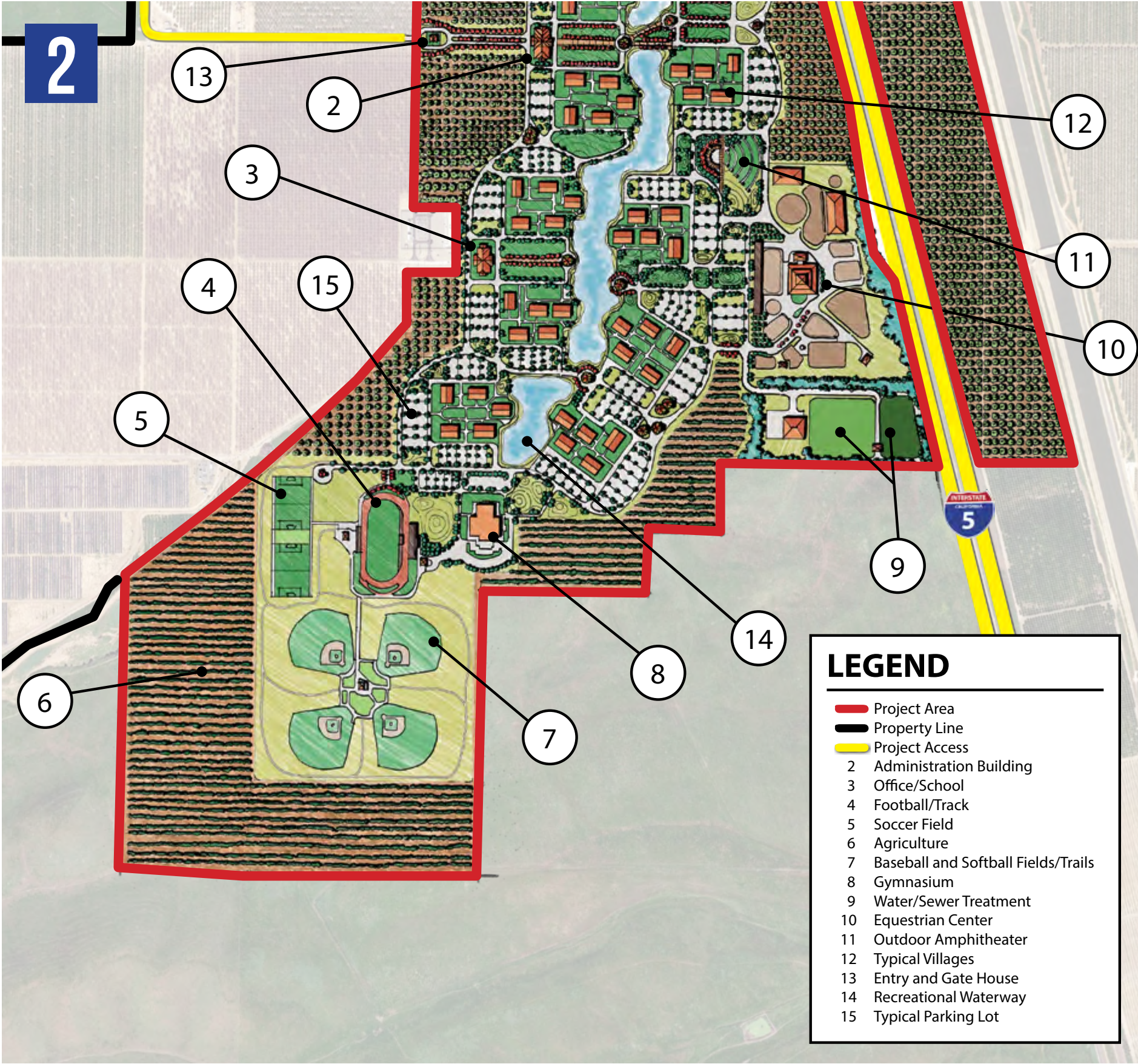


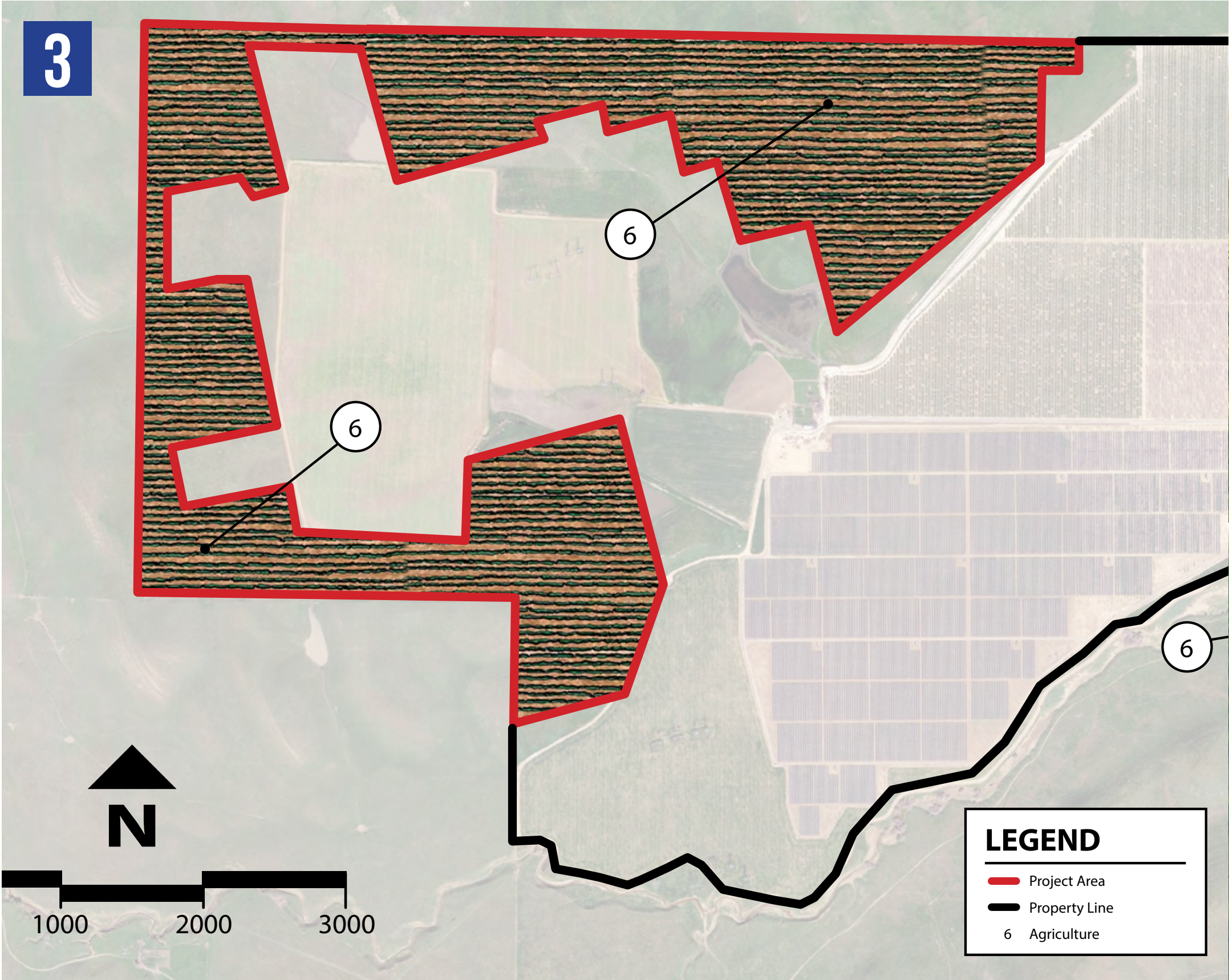






PROJECT AMENITIES







Perspective



Front Elevation



Right Side Elevation



Perspective



Rear Elevation



Left Side Elevation

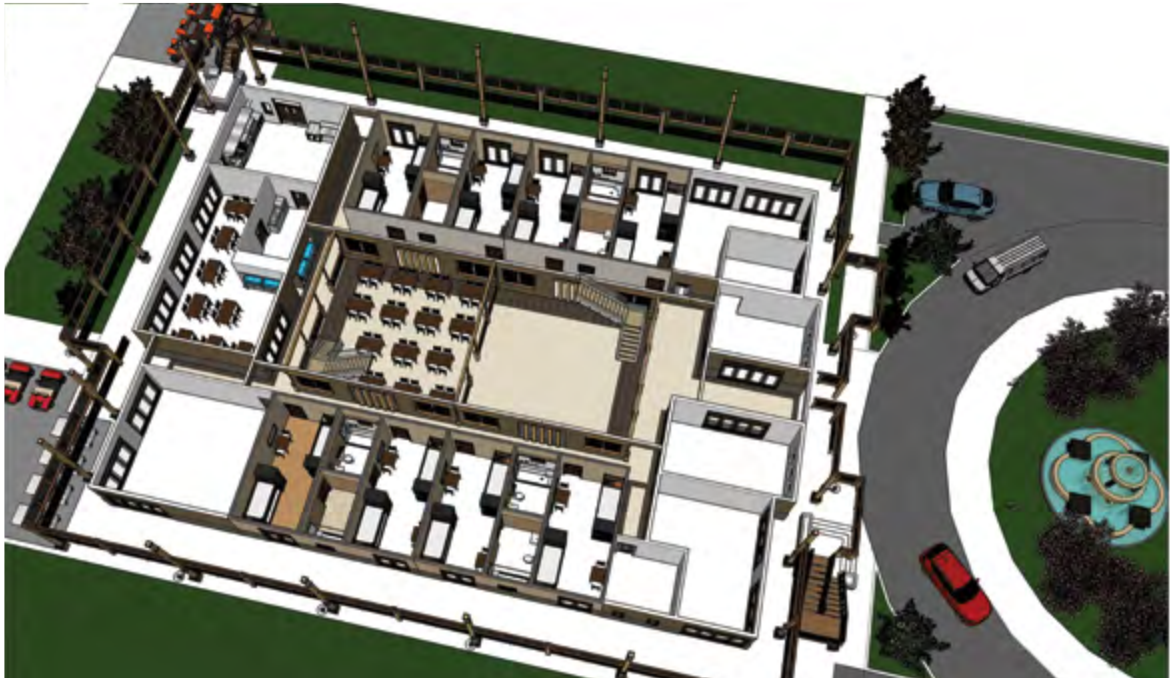
Source: Buzz Garcia Associates Architecture & Planning



First Floor Plan



Perspective



Isometric View at First Floor Plan



Isometric View at Second Floor Plan

Source: Buzz Garcia Associates Architecture & Planning